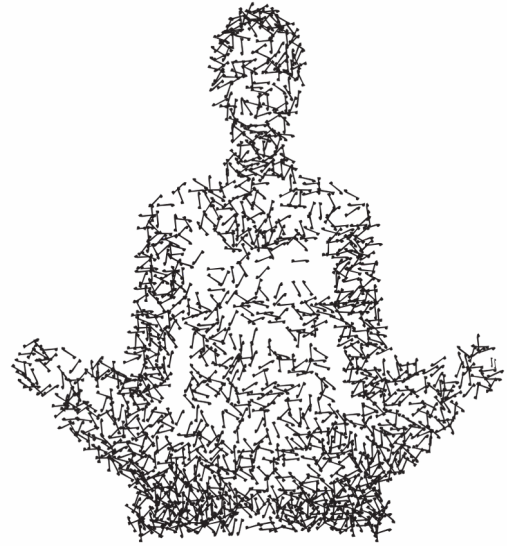




MapMy™
Health

Discover your True Selfie



MapmyHealth™ is a DNA-based health and wellness solution, helps you discover your true selfie. This provides 100+ easy to read reports that contain insights about your genetic make-up, susceptibility to health conditions, and how you react to medications.



20% of Indians suffer from at least one chronic disease.

The majority of the chronic diseases are preventable. Studies prove that several genes influence various aspects of wellness – from nutrition, metabolism, heart health, immunity, brain function, gut health, and more. Although factors like physical fitness and lifestyle have a major say in your health, your genes play a bigger role. This is where MapmyHealth™ comes in.

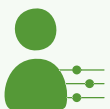
“Early detection, personalisation and prevention is key to one’s well-being.”

MapmyHealth™ is the ultimate DNA-based wellness test, which provides you a 360° view of your health. Using MapmyHealth™, design your lifestyle and proactively take charge to achieve long-term health goals. This comprehensive wellness solution includes free genetic counselling with personalised recommendations to switch to healthy habits.

Benefits

- Know yourself better – gain insights into physiological and lifestyle traits & patterns that define you
- Helps you in personalising diet and fitness
- Identify potential risk for lifestyle/chronic disease and consider early intervention
- Find how you respond to commonly prescribed medicines
- Personalised action plan for better health based on your DNA and family health history

Features



120+ conditions
in 19 panels



Once in a lifetime
and Non-invasive.



Easy to read and self-
explanatory report.



Fast reporting with
99.9% data accuracy.



Free Genetic counseling
session with a personalised
recommendation report.

Who can take this test?

- Have a family history of diseases
- Who want to personalise diet, fitness, and wellness
- Proactive about their health or having a sedentary lifestyle

Panels & Conditions

Nutrition	Medicines	Cancer Risk	Liver Gastro & Renal	Neuro & Psychiatry	Cardiac Health
Vitamin C	Clopidogrel	Lung Cancer	Liver Cirrhosis	Parkinsons	Bad Cholesterol (LDL)
Vitamin D	Metformin	Colorectal Cancer	Celiac Disease	Schizophrenia	Good Cholesterol (HDL)
Biotin	Atorvastatin	Prostate Cancer	Crohns Disease	Alzheimers Disease	Stroke
Vitamin B6	Omeprazole	Breast Cancer	Ulcerative Colitis	Bipolar Disease	Coronary Heart Disease

Process



Testimonials

The inferences and findings from the MapmyHealth™ have been quite useful. Some of it was expected but a few of them were quite unexpected. It also provided what action I have to take for a healthy life.

Mercy raj

MapmyHealth™ test cautioned me and also advised me on action to stay healthy. All my queries were promptly replied and genomics counselling was a pleasant experience as if I am talking to my family doctor.

Chandra Shekhar

Book your test today! Contact us now



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